



Sky Lincs

LINCOLNSHIRE SCOUT ACTIVE SUPPORT PARASCENDING TEAM

Join Sky Lincs and learn to Parascend at Luffenham (Rutland) PROPOSED Sky Lincs Scout Association open flying for 2012

Month	Provisional date	Event
March	3-4	Sky Lincs training weekend - club members and invited guests
March	16/17/18	Parascending Badge w/e Harborough Explorers
Mar/Apr	31-1	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
April	14-15	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
May	5 -7 May	STAMCAMP Stamford & Bourne District Camp
May	19-20	Halfpenny Green Air Scouts
June	2-3	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
June	16 17	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places) 1st. Moreton and Fyfield Scout Group (8) 7-10 places available
June/July	30-1	Sky Lincs club flying, catch up flying, preparation for Sky High 10-15 places
July	6-7-8	Sky High 2012 - 200 Scouts age range 10+ plus range of activities.
July	28-29	2 nd Parascending Badge w/e (all courses from 2010/2011)
August	18-25	Essex Jamboree????
Sept	1-2	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
Sept	15-16	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
Oct	6-7	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
Oct	20-21	Try It Days up to 20 places available or Parascending Badge w/e (up to 10-15 places)
	Paperwork and payments must be completed in advance.	We can make a course up from several groups - so groups of 4 or more are very welcome if we can match you up alongside other groups

2012 Programme bookings

Try it day £28.00 (2 flights) £35.00 (3 flights)

An opportunity for members of the Scout Association to have training and up to three controlled flights on the tow-line for those weighing over 50 kgs, 2-up flying for those weighing less!

£10.00 non-returnable as deposit all fees AT LEAST one month in advance (if we have to cancel due to weather it will be returned.)

Parascending Skills weekend £65.00 (to Elementary Pilot level)

£10.00 non-returnable as deposit whole fee AT LEAST one month in advance

- loan of equipment for the weekend – you need to bring ankle support boots, waterproofs, tents etc
- ground training and flights beyond self release and turns – 1st level of BHPA ratings

All of our Instructors are trained to BHPA requirements (and therefore according to POR). Like all Scouters they give their time voluntarily and without charge. The fees charged cover our basic running costs for the course provided.

2 flight courses have up to 20 places; 3 flights courses up to 15 places; Parascending Skills courses 12 places

Course numbers can be made up from several Groups so if you haven't enough people for a course - don't worry!

You must inform your DC that you are booking the course.

NAM forms should be sent to RutlandDC@lincscout.org.uk

- camping on site (self catering)

Sky High 2012 £35.00

2-up flight for under 8 stone/50 kgs, solo controlled flight for over 50 kgs (including leaders) plus other activities – go-karts, land yachts, aviation skills, radio controlled planes, glider (simulator), climbing wall etc

Visit www.skylincs.co.uk for details and to download the booking form (available in March 2012).

Course bookings through

Ann Underwood, CFI, 41 The Orchard, Leven, Beverley, East Yorkshire HU17 5QA Emergency contact number 07889 268473

email ann.underwood@sky-lincs.fsnet.co.uk

visit our website and look at our picture gallery and links to other on-line albums

www.skylincs.co.uk



Sky Lincs

Lincolnshire Scout Active Support Parascending Team

GROUP BOOKING FORM

(PLEASE USE BLOCK CAPITALS & PRINT CLEARLY)

GROUP LEADER / CONTACT FOR GROUP

First Name:..... Surname:.....

Address:

..... Postcode:.....

Telephone Evening: Telephone Day:.....

Mobile: Email:

Alternative Contact

First Name:..... Surname:.....

Telephone Evening: Telephone Day:.....

Proposed date for booking:...../...../..... Group Name:.....

No	List of Names of Group	Date of birth	Weight (kgs)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

Notes:

Total enclosed

1. Each member of the group must complete an **Individual Booking Form** and this must be sent with this form.
2. **A £10.00 non-returnable deposit must accompany each form – preferably the full amount for the course.**
3. Places will only be held for the number of deposits received - cheques payable to 'Sky Lincs'.
4. Please return all Individual Booking Forms and deposits **not less than one month before the course date** to:

Ann Underwood, CFI, 41 The Orchard, Leven, Beverley, East Yorkshire HU17 5QA

Payment in full must be made AT LEAST one week before the course.

To conform to the UK Data Acts you are advised that the information above may be stored on computer for Club use only.

Please notify us if you object to this arrangement

July 2011



Scout Badges: Parascending

Complete the requirements below:

1. Know the Rules relating to access to airfields as laid down in Policy, Organisation and Rules and the Scout Association Factsheet on parascending.
2. Take part in a parascending course and be able to:
 - Demonstrate a good landing roll.
 - Be able to put on a harness and adjust it.
 - Assist on more than two occasions as tensiometer reader, observer or log keeper.
3. Know the main characteristics and different types of parachutes used by parascenders.
4. Show a basic knowledge of the theory of flight.
5. Experience at least four parascending flights.

Explorer Scout Activity Badges: Air Activities

1. Know the rules relating to access to airfields as laid down in Policy, Organisation and Rules.
2. Understand and discuss the factors involved in selecting the launch point on the field and demonstrate this to the assessor.
3. Successfully complete the British Hand-gliding and Paragliding Association's Paragliding Ground Training, including landing rolls and inflation and collapse of canopy by wing-tip holders and paragliders.
4. Carry out the British Hand-gliding and Paragliding Association's Course of Training in controlled descents and self-released flights up to the standard of 360-degree stable turns.
5. Carry out canopy control practice on the ground and have a basic knowledge of the flight and steering principles of the canopy.
6. Understand and perform the duties of wing-tip holder, lookout and tensiometer reader, and understand the function of the launch marshal.
7. Discuss the care, packing and storage of equipment.



Ann Underwood, CFI Sky Lincs, 41 The Orchard, Leven, Beverley, East Yorkshire HU17 5QA
07889 268473 or 01964 543883 email: ann.underwood@sky-lincs.fsnet.co.uk
www.skylincs.co.uk



Sky Lincs

www.skylincs.co.uk

Parascending Skills Weekend

(During 2012 a Group may choose any of the published weekends for the first of the Skills weekends)

2nd weekend 27/28/29 July
Emergency contact number:
07889268473

Programme

Parascending is a weather dependent activity and it is impossible to offer precise timings for the programme of training. Watch www.metcheck.com RUTLAND or use postcode LE15 8RL for a reasonable local forecast.

Friday

On arrival you will have time to sort out your camping area. The introductions and basic form filling usually takes place on Friday evening. You will have been sent a Parascending Course booklet that will be discussed.

Saturday and Sunday

Basic training and flying will take place throughout the day with agreed comfort and refreshment breaks.

Finish time for the course will be by agreement and may be decreed by the weather. Normally we will aim to pack up by about 15.00 on Sunday

In the event of poor weather and enforced stand-down time we have researched local activities and these listed on our website and also can be provided electronically.

Parascending Skills Weekend

Sky Lincs Parascending club is offering a concentrated weekend of Parascending training to the British Hang Gliding and Paragliding Association (BHPA) Elementary Pilot level. This is the equivalent of the Scout Parascending badge. (See back sheet of this booklet.) You may not complete all the tasks during the weekend for various reasons and so there is a second weekend arranged when all the courses will meet together.

The £65.00 fee covers:

- loan of equipment - you need **your own ankle support boots** and waterproofs
- ground training and flights (at least 12) to beyond self-release and turns - 1st level of BHPA ratings EP
- camping on-site

In order to complete some requirements such as turns and also to meet up with other groups and test your skills a second weekend is arranged in July (27/28/29) please keep this date available.

2nd weekend costs

Your fee includes Sky Lincs membership so you can keep flying as a club member. Flight fees are £2.50 after you have completed the 12 flights of the Parascending Skills course. So this means it may cost less than £10.00 for the second weekend if you have flights left to complete from the first weekend.

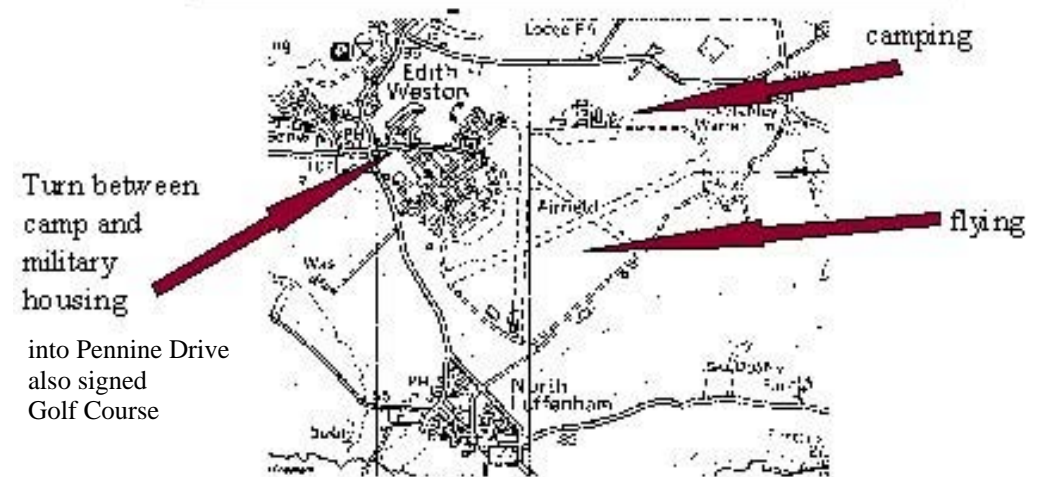
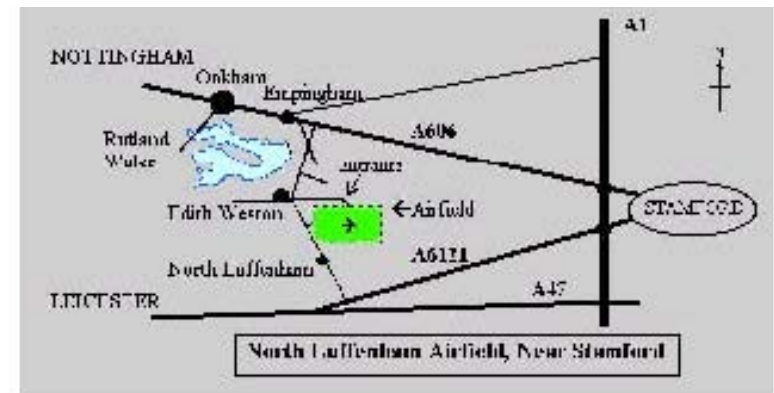
We need to encourage more young people to be involved in the sport and by taking part in this weekend you will have the opportunity to join the Parascending team every time they are on the field for the rest of the year.

Arrival:

The camp site is available from 19.00 Friday. The site is not available before this time.

Facilities:

- There is a toilet block with hot water available. Note the large block is divided by curtaining to provide male/female areas
- The camping area is flat and grassy with hard standing. As a local haulage firm use the nearby hangars it is essential to park vehicles tidily and out of their way. You will be shown where on arrival.
- You will be self catering and the nearest shop is in the village or else several miles away in Oakham or Stamford.



North Luffenham Airfield (SK944047 OS map sheet 141)
St George's Barracks, Edith Weston (MOD Luffenham), 5 miles west of Stamford, close to Rutland Water.

IMPORTANT and ESSENTIAL

Everyone who hopes to parascend (Scouts and Leaders) should bring ankle support boots with them (hiking boots) as well as sun/wind block.

Arms and legs should be covered (track-suit bottoms, sweatshirts).

Bring waterproofs as grass may be wet earlier in the day.

Conditions of Flying

The Risk

Paragliding and Hang gliding are adventurous and exhilarating sports. In common with all air sports, they have an element of risk. Due to our carefully evolved training programme injuries requiring more than first aid treatment are rare.

Fitness to fly

You should be in good health and be able to take a heavy landing. If you have previously suffered any head or back injuries, suffer from faintness, dizziness or fits, have a heart condition, or are taking medication – do not fly until you have sought your doctor's advice and talked to your instructor.

BHPA Membership/Insurance

All participants must have one of the levels of Membership of the British Hang-gliding & Paragliding Association [BHPA].

Your BHPA membership includes legal liability insurance cover, but **NO** personal accident insurance is included.

All Scout courses are covered by Unity – the Scout Association Insurance company as an adventurous activity

For those under 18

If under 18 years of age you must have the permission of a parent or guardian.

Your training

You will be trained according to nationally established procedures which have proven to be successful and which minimise the risk of injury. You must agree to follow the directions of your instructor and abide by his/her decisions. You should progress from one training phase to the next one only when you are confident of your ability in agreement with your instructor.

The Duty Instructor also reserves the right to refuse to train any person considered unfit, ill prepared, or improperly equipped in any way to continue their tuition.

Please read this paragraph carefully and sign to show that you agree.

I understand that the Duty Instructor's decision to cease or terminate the course of any student, for whatever reason, shall be final and binding, and that deliberate failure to comply with the Duty Instructor's instructions concerning both flying and general conduct during the course, may result in expulsion, without recompense, from the course.

Unless medically advised to do so I will not take any medication or drugs of any kind preceding or during my course. Neither shall I consume ANY alcohol during or in the 8 hours preceding tuition.

Signed

date

Sky Lincs

LINCOLNSHIRE SCOUT ACTIVE SUPPORT PARASCENDING TEAM
INDIVIDUAL BOOKING / REGISTRATION FORM
(PLEASE USE BLOCK CAPITALS & PRINT CLEARLY)

First Name:..... Surname:

Address:.....

.....

.....

Post code:

Telephone Evening:..... mobile:.....

Weight in Kgs:..... Date of Birth:...../...../..... Age:.....

Course Date Applied for:/...../..... *Is this your 1st visit? Yes No*

Please indicate any illnesses or other medical problems below, eg asthma, previous head/back injury, weak ankles/knees, etc or any special need or consideration.

.....

I have read and accept the club's **Conditions of Flying** (see opposite) and believe that I am physically able to participate safely in the sport of parascending.

Signed:..... Date:.....

Applicants between the ages of 14 and 18 must also have parent / guardian consent.

Signed..... (Parent or Guardian)

Group / Unit.....

Leader's Signature.....

The form should be returned to your Scout/Explorer Leader who will send with your deposit to

Ann Underwood, CFI, 41 The Orchard, Leven, Beverley, East Yorkshire HU17 5QA
Please make copies of this form as required. Please contact me if you have any queries or additional information 07889 268473

To conform to the UK Data Acts you are advised that the information above may be stored on computer for Club use only. Please notify us if you object to this arrangement.
July 2011

Club use only
Deposit paid
Full amount paid
Course Date

Make your Scouting exciting! *Sky Lincs*

We are looking for new club members to progress through the BHPA pilot rating scheme and continue the tradition of Scout Champions at National events.

- Explorers and Network members are invited to come along whenever *Sky Lincs* is on an airfield.
- Come on your own, or with a small or large group.
- Join the club and develop your own flying skills, help with courses, take part in International and local camps.

Work towards Scout Awards and Badges

Ring Ann Underwood

01964 543883 or 07889 268473

on either Friday or Saturday evening between 19.00 – 2030

to check where and whether *Sky Lincs* is flying.

Once you are a club member there are special rates for flight fees which make learning to fly parachutes both exciting and within your limited budgets!

Try us and see!



Sky Lincs

Lincolnshire Scout Active Support Parascending Team



What is parascending?

Parascending/Paragliding is the tow launch of a parachute or paraglider using a landrover, winch or boat. There are different types of canopies for different purposes.

What courses are available?



Try it Day - Scout age

Experience the sport with a skilled qualified pilot. Dependant on your weight (under 45 kg) using either a square parachute and 200+m of towline to reach heights up to 1,000ft or else a paraglider flight towed from our Wesselman winch or for those over 45 kg a controlled solo flight on a round canopy.



Parascending skills courses

You will be given training in landing roll techniques and canopy control on the ground. Using a round canopy and a short tow line (110m) you may have up to twelve flights, some controlled by the landrover driver. If your landing rolls are good you will be able to release yourself from the towline and land on your own. Then you can learn how to turn the canopy and land on a target.

Ab-initio Wing training

After an intensive training session in canopy control techniques you will fly a square canopy on your own, at about 500+ feet. You may progress from this to regular flying. After joining the BHPA (British Hang gliding and Paragliding Association) you will be able to follow the progressive Pilot rating scheme, train for accuracy or X-country flights and develop your paragliding skills.



How do I progress?

Training

- ◇ basic training - landing rolls, equipment
- ◇ controlled flights on a round canopy
- ◇ canopy control - self release and turns

Teamwork

- ◇ equipment preparation
- ◇ canopy launching
- ◇ tensiometer reading,
- ◇ log keeping observer

Canopies to fly

- ◇ 'rounds' introduction
- ◇ learn to fly a 'square' canopy
- ◇ canopy control and target approach
- ◇ BHPA pilot rating practical and theory
- ◇ learn to pilot a paraglider

Helping with courses

- ◇ briefings
- ◇ preparing equipment/pilot
- ◇ learning to drive (operator)
- ◇ teaching courses - trainee instructor



winching paragliders at Luffenham

What will it cost?

- ◇ Annual membership of BHPA (approx adult £89.00 or junior £51.00 there is a £15.00 introductory fee)
- ◇ Flight fees
- ◇ Club membership

What equipment will I need?

- ◇ Ankle support/walking boots
- Parachute, helmet, and other equipment are loaned by the Scout Parascending team — until you feel ready and can afford your own.

Annually there is *Sky High*, usually held on the second weekend of July.

Come along and join in air-related activities.

Scout Parascending teams are willing to give instruction in Air Law, Theory of Flight, Meteorology and flying techniques.

Visit www.skylincs.co.uk